

What Clients Say

When I ask clients about the benefits of coaching, similar themes emerge: **Clarity, Focus, Energy, Confidence, Fresh Ideas, Valuable Insight, Personal Attention, Fulfillment, Growth and Results.** I'm honored by their positive feedback and privileged to work with outstanding professionals. Here's what clients say*:

*When I saw my friend recently, he had a **magnetic charisma and confidence I had never seen before.** I said: 'You're different! How did that happen?' He said, 'It's all due to my coaching with Barbara Kay'. I called Barbara and now we're working together.*

*Barbara is a master at **communication and relationships skills.** She helps me build a **happy productive team and loyal clients.***

*I work with Barbara for **accountability, keeping on track with goals and her insights.** I get **results faster.** It's a shortcut to success.*

*We were dreading the rigorous 6-month practice development program, required by our firm. We were thrilled to find we **implemented most of it already, in coaching with Barbara Kay.***

*Coaching keeps me **focused, targeted and on track.** Barbara has **broad experience nationally, across many firms and professionals.** She **brings lots of good ideas.***

*I get great **clarity, focus and motivation.** We **eliminate the distractions, so I can work effectively.** We develop growth that is genuine and authentic. **It's energizing because it's personal and custom to me.***

*My firm has a lot of resources, but **none of them deliver the unique value that Barbara provides.** She's a tremendous sounding board and helps me work through distractions, so **I can focus and be productive.***

*Barbara is a **great sounding board.** There is **no place else that gives me that.** It gives me clarity and focus. Her broad experience brings **fresh ideas and resources that I would not get otherwise.***

*To be successful you have to mentally on your game, both internally and externally. You need to be focused, confident & strong. I've gained all of that. **It's energizing, attractive and appealing.** In addition to helping me, it **makes me more successful with clients and prospects.***

*Coaching with Barbara is **the best investment I make in my practice every year!***

Barbara Kay, MA, LPC, RCC

As a business psychology and productivity coach, Barbara serves clients through coaching, consulting and speaking on: Growth, Productivity, Teams, Relationships, Change and Leadership. She completed graduate and post-graduate training in Clinical Psychology and Coaching. Author of many articles and two books, *The Top Performer's Guide to Change* and *The \$14 Trillion Woman: Your Essential Guide to Engaging the Female Client*, the leading work on women clients. Barbara speaks at conferences, builds custom workshops, consults on growth, and coaches professionals nationwide. As a Woman Business Enterprise, BKC is a Certified Diversified Supplier supporting vendor diversity goals.

bk@barbarakaycoaching.com

630.212.5460

1 www.barbarakaycoaching.com

